



PROJECT HEALTHY BONES SITE LIST

Strong Bones for a Lifetime

For program locations and schedules, please call the phone number listed for each site. If your county is not listed, the program may not be available. Please call the New Jersey Department of Human Services, Division of Aging Services at 609-564-2582 or 609-564-2617 for more information.

NOTE: *Some agencies may have multiple class locations throughout the county. Those agencies are indicated with a *.*

ATLANTIC

Not Currently Available.

BERGEN

Hackensack University Medical Center*	Hackensack	551-996-2038
Ridgefield Health Department	Ridgefield	201-943-6062
The Valley Hospital*	Mahwah	201-291-6090

BURLINGTON

Food Bank of South Jersey*	Pennsauken	856-651-8374 or abricketto@foodbanksj.org
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Medford Senior Center	Medford	609-206-1842
Willingboro Township Senior Center	Willingboro	609-877-8444

CAMDEN

Food Bank of South Jersey*	Pennsauken	856-651-8374 or abricketto@foodbanksj.org
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CAPE MAY

Not Currently Available.

CUMBERLAND

Not Currently Available.

ESSEX

Millburn Bauer Community Center	Millburn	973-564-7091
Township of Livingston	Livingston	973-535-7925 x260
Township of Montclair Senior Services	Montclair	973-509-4979 or LEspindola@montclairnjusa.org
Township of West Orange	West Orange	973-325-4106

GLOUCESTER

Food Bank of South Jersey*	Pennsauken	856-651-8374 or abricketto@foodbanksj.org
Pfeiffer Community Center	Williamstown	856-728-9841

HUDSON

Not Currently Available.

HUNTERDON

Hunterdon County Division of Senior Services*	Flemington	908-284-6128
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MERCER

Always Best Care (ABC) Senior Services*	Princeton	609-455-2886	
Hopewell Township Department of Health	Titusville	609-537-0326	
Interfaith Caregivers of Greater Mercer County*	Hamilton/Trenton	609-393-9922	(Spanish Available)

MIDDLESEX

South Plainfield Senior Center	South Plainfield	908-754-1047
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MONMOUTH

Eatontown Community Center	Eatontown	732-389-7666
Keyport Senior Center	Keyport	732-264-4916
Red Bank Senior Center	Red Bank	732-747-5204
St. Margaret/St. Catherine Church	Spring Lake	732-449-5765
Villas of Holmdel	Holmdel	732-832-1204 or 646-717-4113

MORRIS

Florham Park	Florham Park	973-410-5393
Long Hill Senior Center	Gillette	908-626-1101
NORWESCAP*	Morristown	973-784-4900 x2908

OCEAN

Lighthouse Community Medical Center/RWJBH	Toms River	732-349-5757
Long Beach Island Health Department*	Ship Bottom/Brant Beach	609-492-1212

PASSAIC

NORWESCAP*	Wayne	973-784-4900 x2908
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SALEM

Food Bank of South Jersey*	Pennsauken	856-651-8374 or abricketto@foodbanksj.org
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SOMERSET

Somerset County Office on Aging and Disability Services*	Somerville	908-704-6346
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SUSSEX

Sussex County Division of Senior Services*	Newton	973-579-0555 x1225
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UNION

Cranford Recreation Center	Cranford	908-709-7283 (Option #2)
Linden Senior Center	Linden	908-474-8600
Union County Office of Health Management*	Westfield	908-518-5620
Westfield Regional Health Department*	Westfield	908-789-4070 x4080 or alewis@westfieldnj.org

WARREN

NORWESCAP	Belvidere	973-784-4900 x2908
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